



# STONEHAM THERAPY

## SERVICES LTD

---

**SARAH  
ELLIS**

---



SARAHLEILLAH@LIVE.CO.UK



07545 846 732

---

### **SPECIALISMS**

- Neuro-surgery
  - Acquired Brain Injury
  - Neuro Oncology
  - Stroke
  - Spinal injury
  - Cognitive Rehabilitation
  - Behavioural Management
  - Hypoxic Brain Injury
- 

### **QUALIFICATIONS**

**MSc Occupational Therapy,**  
*Brunel University, 2014*

**MSc Cognitive Neuroscience**  
(with Merit), *University of  
Westminster, 2010*

**BSc Cognitive Science** (1st Class  
Honours), *University of  
Westminster 2007*

---

### **ASSOCIATE CASE MANAGER AND OCCUPATIONAL THERAPIST**

---

Sarah is an experienced and skilled Case Manager and Occupational Therapist.

Qualifying in 2014, Sarah specialises in Neurosurgery including acquired brain injuries, neuro-oncology, stroke, and spinal injuries.

Sarah is a passionate and effective Case Manager highly experienced in complex neuro-rehabilitation.

---

### **CLINICAL SKILLS AND EXPERIENCE**

---

- Senior Occupational Therapist Neurosurgery at Leeds Teaching Hospital Trust.
  - Specialist in cognitive rehabilitation with expert knowledge of the cognitive hierarchy and its impact on occupational performance.
  - Expertise in behavioural management
  - Specialist knowledge of complex trauma including but not limited to brain and spinal injury, psychological and behavioural challenges
  - Highly experienced in complex neuro-rehabilitation Case Management.
  - Excellent communication and highly detailed and accurate report writing skills.
  - In-depth knowledge of specialist services.
  - Knowledge of funding channels.
  - Committed to continuing professional development – full details of recent training are available on request.
  - Vast experience of working with other professionals
  - Working knowledge of a wide variety of standardised outcome measures and extensive experience of both SMART and GAS goal setting.
- 

### **MEMBERSHIPS**

---

- ❖ Royal College Occupational Therapists
- ❖ Royal College Occupational Therapists Specialist Section Neurological Practice
- ❖ Health & Care Professionals Council

---

## EMPLOYMENT HISTORY

---

### **Senior Occupational Therapist - Neurosurgery Leeds General Infirmary, March 2020 to date**

- Specialised assessment, goal setting and treatment interventions for patients within the Neurosurgery pathway.
- Supporting and deputising Neurosurgery Team Lead on effective service delivery.
- Providing clinical support and development opportunities to junior members.
- Supervision of Band 5 and Band 3 staff within the team.
- MDT working across various clinical teams within the Neurosurgery pathway, including specialist clinics, MDT goal setting and rehabilitation MDT meetings.
- Leading on the delivery of the Neurosciences in-service training programme as well as to the other MDT professionals.

### **Senior Occupational Therapist - Hypoxic Brain Injury Leeds General Infirmary, February 2019 - March 2020**

- Lead role in the development and implementation of a specialist Hypoxic Brain Injury OT service within cardiology service.
- Supervision and training of Band 4 Rehabilitation Assistants

### **Occupational Therapist - Stroke Services York Hospital, December 2014 - February 2019**

- Working as a static Band 5, rotating between Acute Stroke Unit and Stroke Rehabilitation completing stroke specialist OT assessment, treatment and discharge planning.
- Working as a Band 6 across the whole acute and community Stroke Pathway.

---

## CONTINUING PROFESSIONAL DEVELOPMENT

---

- Transforming PDOC Assessments to Evidence Based Intervention, Management Strategies, Plans and Programmes, Royal Hospital for Neuro-disability - October 2023.

Management of the Lower Limb, Leeds Teaching Hospital Trust - October 2023

**?S` SY [ ` Y 5a\_ b ^Wj Fa` Wj Eb Sef [ U[ f k S` V 5Sef [ ` Yf Da k S ^: adb [ f S ^ aX@V**

Introduction to OT in Intensive Care, Leeds Teaching Hospital Trust – May 2023

BBTA Introduction to the Bobath, Leeds Teaching Hospital Trust – April 2022

Occupational Therapy Research Event, Leeds Beckett University – June 2020

Spasticity Management focusing on Botulium Toxin, York St John University – Sept 2018

Occupational Therapy for the Rehabilitation of People with Neurological Upper Limb Disorder, Harrison Training

The Assessment and Treatment of Clients with Perceptual and Cognitive Dysfunction, Harrison Training

