



# STONEHAM THERAPY

## SERVICES LTD

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**SARAH  
ELLIS**

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### **SPECIALISMS**

- Neuro-surgery
  - Acquired Brain Injury
  - Neuro Oncology
  - Stroke
  - Spinal injury
  - Cognitive Rehabilitation
  - Behavioural Management
  - Hypoxic Brain Injury
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### **QUALIFICATIONS**

**MSc Occupational Therapy,**  
*Brunel University, 2014*

**MSc Cognitive Neuroscience**  
(with Merit), *University of  
Westminster, 2010*

**BSc Cognitive Science** (1st Class  
Honours), *University of  
Westminster 2007*

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### **ASSOCIATE CASE MANAGER AND OCCUPATIONAL THERAPIST**

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Sarah is an experienced and skilled Case Manager and Occupational Therapist.

Qualifying in 2014, Sarah specialises in Neurosurgery including acquired brain injuries, neuro-oncology, stroke, and spinal injuries.

Sarah is a passionate and effective Case Manager highly experienced in complex neuro-rehabilitation.

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### **CLINICAL SKILLS AND EXPERIENCE**

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- Senior Occupational Therapist Neurosurgery at Leeds Teaching Hospital Trust.
  - Specialist in cognitive rehabilitation with expert knowledge of the cognitive hierarchy and its impact on occupational performance.
  - Expertise in behavioural management
  - Specialist knowledge of complex trauma including but not limited to brain and spinal injury, psychological and behavioural challenges
  - Highly experienced in complex neuro-rehabilitation Case Management.
  - Excellent communication and highly detailed and accurate report writing skills.
  - In-depth knowledge of specialist services.
  - Knowledge of funding channels.
  - Committed to continuing professional development – full details of recent training are available on request.
  - Vast experience of working with other professionals
  - Working knowledge of a wide variety of standardised outcome measures and extensive experience of both SMART and GAS goal setting.
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### **MEMBERSHIPS**

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- ❖ Royal College Occupational Therapists
- ❖ Royal College Occupational Therapists Specialist Section Neurological Practice
- ❖ Health & Care Professionals Council

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## EMPLOYMENT HISTORY

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### **Senior Occupational Therapist - Neurosurgery Leeds General Infirmary, March 2020 to date**

- Specialised assessment, goal setting and treatment interventions for patients within the Neurosurgery pathway.
- Supporting and deputising Neurosurgery Team Lead on effective service delivery.
- Providing clinical support and development opportunities to junior members.
- Supervision of Band 5 and Band 3 staff within the team.
- MDT working across various clinical teams within the Neurosurgery pathway, including specialist clinics, MDT goal setting and rehabilitation MDT meetings.
- Leading on the delivery of the Neurosciences in-service training programme as well as to the other MDT professionals.

### **Senior Occupational Therapist - Hypoxic Brain Injury Leeds General Infirmary, February 2019 - March 2020**

- Lead role in the development and implementation of a specialist Hypoxic Brain Injury OT service within cardiology service.
- Supervision and training of Band 4 Rehabilitation Assistants

### **Occupational Therapist - Stroke Services York Hospital, December 2014 - February 2019**

- Working as a static Band 5, rotating between Acute Stroke Unit and Stroke Rehabilitation completing stroke specialist OT assessment, treatment and discharge planning.
- Working as a Band 6 across the whole acute and community Stroke Pathway.

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## CONTINUING PROFESSIONAL DEVELOPMENT

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- Transforming PDOC Assessments to Evidence Based Intervention, Management Strategies, Plans and Programmes, Royal Hospital for Neuro-disability - October 2023.
- Management of the Low Tone Upper Limb, Leeds Teaching Hospital Trust - October 2023.
- Managing Complex Tone – Spasticity and Casting, Royal Hospital of Neuro-disability – June 2023.
- Introduction to OT in Intensive Care , Leeds Teaching Hospital Trust – May 2023.
- BBTA Introduction to the Bobath, Leeds Teaching Hospital Trust – April 2022.
- Occupational Therapy Research Event , Leeds Beckett University – June 2020.
- Spasticity Management focusing on Botulium Toxin, York St John University – Sept 2018.
- Occupational Therapy for the Rehabilitation of People with Neurological Upper Limb Disorder, Harrison Training.
- The Assessment and Treatment of Clients with Perceptual and Cognitive Dysfunction, Harrison Training.

